

Parent Packet “ The Movement Lab ”
June Showcase/Rehearsal 2026 Details: 7:00 PM Showtime
READ THROUGH ALL DETAILS FOR SHOW DAY/ THEATER REHEARSALS

Drop Off/Pick Up for Showcase: Art Kamangar / Merced Theatre Downtown

- Drop off time for dancers will be **6:15 PM** prior to the showcase on Friday, June 19th. Please have your dancer dressed in their costume or first costume based off the line up of show day order below!
- Pick Up: Dancers will be picked up at the end of the showcase at the edge of the show stage inside the auditorium (at the staircases leading up on either side) by their parent/guardian and be signed out by The Movement Lab staff to ensure safety. A-M dancer's last name on the left stage staircase, and N-Z last name on the right staircase (facing the stage from audience view). Please be patient during this time, we do check-outs during pick up to ensure every child is accounted for and safe! It's time-consuming, but for an important reason. Our backstage member checking in dancers/students will be stationed there, after the finale/show is over we will get dancers to pick up within 10-15 minutes, please be patient.
- Dancers are to stay backstage the entire show, unless specified otherwise.
- Some dancers who have only 1 dance will be stationed on the upper balcony with staff supervision to watch the showcase until it's their time to shine onstage in Act 1 or Act 2.

Our Backstage Policy:

- We have a no parent backstage policy for all shows, as most studios participate in. Parents are not allowed backstage during performance, as we have studio representatives to help with dressing rooms, backstage line ups, etc. Once you are done dropping off your dancer, you must enter through the front entrance of the theater to enter the auditorium. After the show, you will come to the front of the stage to check out your dancer as mentioned above.

Dress Rehearsals: Friday, June 19th, Morning/Afternoon (Your dancer's time(s) are listed below on rehearsal schedule list)

- Rehearsals on June 19th are only a 10-20 minute increment for your dancer to simply practice their routine onstage with no mirror 1-2 times. We ask parents to please stick around during their dancer's rehearsal timeframe at the theater and take a seat in the audience. Once their rehearsal timeframe is over on June 19th morning/afternoon, they will be free to go home with their parents/guardian. Your dancer's rehearsal times are listed below on a scheduled class sheet. Please make sure to look closely and plan accordingly. Please be on time and allow yourself time to park and be inside the theater BEFORE the call time. Please be inside before the listed rehearsal time to ensure they have their time onstage! Dancers can wear normal class dance clothing for rehearsal – NO costume, makeup, or hair is needed for the dress rehearsals.

Showtime Arrival Expectations and Costume Details:

- We ask dancers to arrive back at the theater on show day **BY 6:15pm prior to showtime at 7:00** (Keep in mind that the lobby doors for attendees will not open until 6:30 pm, so you may have to wait in line after dancer drop off – merch will be sold before show and during intermission only).
- We will not allow any dancers backstage until 6:15 before the show.

Finale Bow & Dancers Staying Backstage:

- ALL dancers (Besides Wednesday Tiny Movers Ballet) are to stay backstage the entire show, no parents are to enter backstage during intermission OR dancers go into the audience during intermission. This ensures the safety of your dancers, and we will be hosting a final bow at the end of the show where all classes bow onstage. We have a full staff in charge of the kids backstage with activities and coloring books!
- **Wednesday Tiny Movers Ballet:** If this class is your dancer's only dance, they will be excused during intermission at the end of Act 1 at the edge of the stage. If age 2 dancers go into the audience with their parents, then they will not participate in the final bow.
- Age 2 dancers must sit on your lap if choosing to stay as we have a full house and sold out show of 650 guests. If this class is not your only class, dancers will be staying backstage with our staff following protocol.

Tickets: Tickets are required for ALL attendees, parents, siblings, etc to enter the auditorium entrance for the showcase (besides under age 2 and under are free). Tickets are through mercedtheatre.org and may/will sell out.

Makeup Description: Makeup is labeled next to each class/dance below. For a stage makeup look for those **aged 6 and older**, it will consist of: darker brown eye lid/shadow, blush, bronzer, mascara, and a dark red lipstick (not too bright). The cheeks being brightened is most important because it highlights your dancer's facial expressions onstage. You can add eyeliner wings if you would like, and false eyelashes if needed.

For stage makeup for **Mini Movers and Tiny Movers Age 3-5** classes, it will consist of: Blush to brighten cheeks, a light pink lip gloss, and any additional makeup you feel comfortable applying to their face!

Shoes for Showcase: Please make sure to pay attention to the show description on the hair/makeup/costume list for SHOES. For hip hop classes particularly, we do not require an exact shoe model but we require a certain color for each class. If your dancer does not have a tennis shoe as described, Amazon and Walmart are perfect options for a showcase shoe! Please refer to the list and make sure the shoe fits the description/requirement.

- Ballet classes must wear PINK ballet shoes, NOT black. (Boys in black, girls in pink)
- Tap classes require BLACK tap shoes. Slip on or tie on are allowed!
- Jazz - Barefoot
- Contemporary - Barefoot
- Hip Hop - See description next to your dancer's class

Labeling Costumes/Dance Bags: If needed, have your dancer bring a dance bag to carry any belongings they need for the showcase! Make sure the bag is labeled with their name in case any bags go missing. Please label ALL costumes with their name on the inside tag of the items.

The Movement Lab Dance Studio Winter Showcase REHEARSAL Schedule for Friday, June 19th: Morning / Afternoon Blocks

****Friday, June 19th – Please arrive 5-10 mins early to your dancer’s listed class rehearsal call time to ensure parking and finding the theater backstage entrance. No makeup, hair or costume for rehearsals needed! Dance clothing can be worn. Please wear all black dance clothing for rehearsals if applicable, this helps with lighting and tech cues***

The far right column highlighted is your dancer’s rehearsal time(s) at the theater.

Class Date & Time:	Class Name:	Showcase Piece Name:	<u>Dancer Practice Time At Theater on June 19th</u>
Saturday 9:00-10:00 AM	Mini Movers Ballet/Tap (Tap Dance)	“Singin’ In The Rain” Tap	10:30-10:40 AM
Wednesday 9:30-10:15 AM	Wednesday Tiny Movers Ballet	“Pooh Bear”	10:40-10:50 AM
Friday 3:30-4:15	Mini Movers Hip Hop	“Cruisin’ For A Brusin”	10:50-11:00 AM
Thursday 5:00-5:45	Mini Movers Jazz	“Little Bit Naughty:	11:00-11:10 AM
Wednesday 3:30-4:30	Beginner Jazz/Tap Combo (Tap Dance)	“Mr. Blue Sky”	11:10-11:15 AM
Wednesday 4:30-5:15	Beginner Hip-Hop	“Hard Knock Life”	11:15-11:30 AM
Wednesday 5:15-6:00	Beginner Contemporary	“This Is Me”	11:30-11:45 AM
Thursday 3:45-4:30	Beginner Ballet Basics	“Be Our Guest”	11:45-12:00 PM
Friday 4:15-5:00	Beginner Ballet	“Thank You For The Music”	12:00-12:15 PM
Tuesday 4:00-4:45	Beginner/Inter Hip Hop	“Tokyo Drift”	12:15-12:30 PM
Tuesday 4:45-5:30	Beginner/Inter Contemporary	“Defying Gravity”	12:30-12:45 PM
Tuesday 5:30-6:15	Beginner Jazz	“Popular”	12:45-1:00 PM
Monday 4:00-4:45	Beg/Inter Tap	“Get Up”	1:00-1:15 PM

Monday 4:45-5:30	Intermediate Hip Hop	“Favorite Things”	1:15-1:30 PM
Monday 5:30-6:15	Intermediate Contemporary	“What Was I Made For?”	1:30-1:45 PM
NAILS COMP PIECE	NAILS COMP PIECE	NAILS COMP PIECE	1:45-1:55PM
FEATHERS COMP PIECE	FEATHERS COMP PIECE	FEATHERS COMP PIECE	1:55-2:05 PM
RECESS CLUB COMP PIECE	RECESS CLUB COMP PIECE	RECESS CLUB COMP PIECE	2:05-2:15 PM
Wednesday 6:00-7:00	Intermediate Ballet	“Young and Beautiful”	2:15-2:30 PM
Thursday 5:45-7:00	Advanced Ballet	“Who Tells Your Story”	2:30-2:45 PM
Tuesday 7:00-8:00	Advanced Jazz	“Murder Mystery”	2:45-3:00 PM
Tuesday 8:00-8:45	Advanced Hip Hop	“The Plastics”	3:00-3:15 PM
FINAL BOW COMP PIECE	FINAL BOW COMP PIECE	FINAL BOW COMP PIECE	3:15-3:20 PM
GOT MOVES COMP PIECE	GOT MOVES COMP PIECE	GOT MOVES COMP PIECE	3:20-3:25 PM
THE MOMENT COMP PIECE	THE MOMENT COMP PIECE	THE MOMENT COMP PIECE	3:25-3:30 PM
CHEMTRAILS	CHEMTRAILS	CHEMTRAILS	3:30-3:35 PM
HAPPINESS	HAPPINESS	HAPPINESS	3:35-3:40 PM

Showcase Order Below!

The showcase line up order is different from our dress rehearsal order above. Make sure to check which costume and hair your dancer should arrive to drop off wearing based on the line up below!

The Movement Lab “Broadway Beats and Movie Melodies”

Showcase Final Showcase Lineup: June 19th @ 7:00

Act 1:

1. **Murder Mystery** (Tuesday Advanced Jazz)
2. **Feathers**
3. **Little Bit Naughty** (Thursday Mini Movers Jazz)
4. **Be Our Guest** (Thursday. Beginner Ballet Basics)
5. **Tokyo Drift** (Tuesday Beg/Inter Hip Hop)
6. **Young and Beautiful** (Wednesday Inter Ballet)
7. **Final Bow**
8. **Hard Knock Life** (Wednesday Beginner Hip Hop)
9. **NAILS**
10. **Chemtrails**
11. **Recess Club**
12. **Favorite Things** (Monday Inter Hip Hop)
13. **Got Moves?**
14. **Pooh Bear** (Wednesday Tiny Movers Ballet)
15. **Defying Gravity** (Tue. Beg/Inter Contemporary)

Intermission - 10 minutes

Act 2:

16. **This Is Me** (Wednesday Beginner Contemporary)
17. **What Was I Made For?** (Monday Intermediate Contemporary)
18. **Who Tells Your Story** (Thursday Advanced Ballet)
19. **Mr. Blue Sky** (Wednesday Beginner Jazz/Tap)
20. **Get Up** (Monday Intermediate Tap)
21. **Singin’ In The Rain** (Saturday Mini Movers Ballet/Tap)
22. **Happiness**
23. **Thank You For The Music** (Friday Beginner Ballet)
24. **The Moment**
25. **Cruisin’ For A Bruisin’** (Friday Mini Movers Hip Hop)
26. **Popular** (Tuesday Beginner Jazz)
27. **The Plastics** (Tuesday Advanced Hip Hop) **FINALE** – All dancers will stay backstage the entire show to be waiting for their final bow. Unless specified otherwise for specific Age 2 classes. Excused after the showcase, refer to the first page for dancer pick up details!

COSTUME / HAIR / MAKEUP / SHOES LIST FOR SHOWCASE:

(**NO** additional straps can be shown, must be tan/clear straps. Wear a tan training bra or under-garment under any costume, if needed. **NO** socks in tap shoes, **NO** nail polish other than tan or light pink, **NO** additional jewelry other than tiny diamond stud earrings, **NO** holes in tights, **NO** accessories besides costume listed). “Middle” ponytail means still leaving a clear hair part line, but slicking it back right below the crown of the head for pony placement to tie it. ALL HAIR MUST BE SLICKED BACK WITH GEL, HAIRSPRAY, ETC. Use a hair net and bobby pins for all BUNS, please make your bun flat to your head. **NO** donuts for buns, use pins to flatten and coil hair.

Class Date/Name	Hairstyle	Costume	Shoes	Lip Color for girls:	Boys Notes:
Monday Beginning/ Inter. Tap 4:00pm Class	Middle Bun	Red Jumpsuit, Red Vest	Tap shoes <u>(NO SOCKS)</u>	Dark Red	N/A
Monday Intermediate Hip Hop 4:45pm Class	Middle Ponytail	Black Asymmetrical Crop Top, Black Sequin Pants	Mostly Black Shoes <u>(NO SHOW SOCKS)</u>	Dark Red	N/A
Monday Inter. Contemp 5:15pm Class	Middle Bun	Individually chosen pink barbie dresses	No shoes	Dark Red	N/A
Tuesday Beg/Inter. Hip Hop 4:00pm Class	Middle Ponytail	Pink Checkered Top, Pink Checkered Pants	Mostly Black Shoes <u>(NO SHOW SOCKS)</u>	Dark Red	Black Tee, Pink Checkered Pants
Tuesday Beginning Contemp 4:45pm Class	Middle Ponytail, slicked back	Green or pink dress (different colors for each dancers) Wear a tan training bra or under-garment if needed.	No shoes	Dark Red	N/A
Tuesday Beginning Jazz 5:30pm Class	Middle ponytail, slicked back	Pink jazz leotard with fringe skirt (No tights)	No shoes	Dark Red	N/A
Tuesday Adv. Jazz 7:00pm Class	Middle ponytail, slicked back	Black Sequin Jumpsuit	Red Socks	Dark Red	N/A

Tuesday Adv. HipHop 8:00pm Class	Middle Ponytail, slicked back	Individual Pink Top, Blue Baggy Jeans, (Tan Bra or White Sports Bra if Needed)	Mostly Black Shoes (<u>NO SHOW SOCKS</u>)	Dark Red	Pink Cut Off Tee, Blue Baggy Jeans
Wednesday Tiny Movers Ballet 10:00am Class	Middle Bun, slicked back	Yellow ballet tutu dress, please pair pink tights with the dress. No holes in tights.	PINK Ballet shoes	Light pink gloss	N/A
Wednesday Beginning Jazz/Tap 3:30pm Class	Middle Bun, Slicked Back	Holographic Cap Sleeve Dress	Tap Shoes (<u>NO SOCKS</u>)	Dark Red	Blue Sequin Top, White Pants
Wednesday Beginning Hip-Hop 4:30pm Class	Two Low Pigtails with Bandana Tied and Pinned	Pink/Blue Dress, Black Dance Briefs	Mostly White Shoes (<u>NO SHOW SOCKS</u>)	Dark Red	Top and Pant for theme!
Wednesday Beginning Contemp 5:15 pm Class	Middle Bun, Slicked Back	White sparkly contemporary dress, no tights.	No shoes	Dark Red	Greatest showman outfit with black pant
Wednesday Intermediate Ballet 6:00pm Class	Middle Bun, Slicked Back	Deep blue ballet dress, with pink tights. No holes in tights.	PINK Ballet shoes	Dark Red	N/A
Thursday Beginning Ballet 3:45pm Class	Middle Bun	Blue waitress tutu dress, paired with pink tights. No holes in tights.	PINK ballet shoes	Dark Red	N/A
Thursday Mini Movers Jazz 5:00pm Class	Two Low Pigtails, curl their pigtails for volume!	Purple biker unitard, no tight.	Barefoot	Light Pink Lipstick/ Gloss	Purple sparkle tee, with purple jazz pants
Thursday Advanced Ballet 5:30pm Class	Middle Bun	White leotard with attached skirt, blazer jacket & pink tights	Pink ballet shoes	Red	N/A
Friday Mini Movers Hip	Middle ponytail,	Pink biker jacket, with bedazzled	Converse black/whit	Light Pink/Gloss	Black biker jacket, white

Hop 3:30pm Class	slicked back. You can curl their hair for volume in the pony!	jeans, with matching black/white converse shoes. Dancers can wear a plain white tee or tank under their jacket.	e shoes handed out!		tank under, with Levi jeans. Converse black/white shoes.
Friday Beginning Ballet 4:15pm Class	Middle Bun with blue ribbon (provided at show)	Light blue ballet dress, paired with pink tights. No holes in tights.	Pink ballet shoes	Red	Blue velvet top and white tights
Saturday Mini Movers Ballet/Tap 9:00 am Class	Slicked back low pony with white hat pinned on. Blue bow to the right side!	Blue rain drop leotard/skirt dress. Pair with pink ballet tights. No holes in tights.	Black tap shoes!	Light pink/gloss	Blue raincoat and white tights.

PARKING for Event: Parking is first come first serve basis. There is a parking lot behind the theater off of 18th & MLK Jr. Way, as well as street parking through Main Street and MLK Jr. Way. Please plan for this upon arrival for rehearsals and showtime!

PRE-ORDER Pickups for Programs and Teddy Bears: Orders will be ready at the merchandise booth in the theater lobby for pick up upon doors opening. Orders will be prepared with the name they were ordered under. Make sure to give the correct name to the merchandise booth representative!

Tickets At Door: Have your tickets confirmation / scan code ready at the lobby doors upon arrival for show time. Doors will open at 6:30 PM to enter.

Thank you! For any questions, email themovementlab01@gmail.com
This is a busy week ahead, and we cannot stop between classes as instructors to answer questions in-person as it takes away from class time, please email us! We will get back to you as soon as we can.