

Important “Frosty Fusion” Showcase Details: 5:30pm Show

Drop Off AND Pick Up for Showcase: @ Golden Valley Highschool Theater

- Dancers will be dropped off and picked up backstage by their parent/guardian and be signed in/excused by The Movement Lab staff to ensure safety. The drop off and pick up location is on the side of the theater off of Child’s Ave. You will see a side entrance which is very close to the theater entrance, it will be super easy to drop off/pick up. Feel free to take your dancer back to the theater entrance after the showcase is over to take pictures with our showcase backdrop. *(Dancer Drop/Pick Up Map pictured below)*

Our Backstage Policy:

- We have a NO parent backstage policy for all shows, as most studios participate in. Parents are not allowed backstage during performance, as we have studio representatives to help with dressing rooms, backstage line ups, etc. Once you are done dropping off your dancer, you must enter through the front entrance of the theater to enter the auditorium. After the show, you will come back to pick up your dancer(s) from the same drop-off spot.

Dress Rehearsals: December 20th Morning/Afternoon (Dancer time is listed below in grid)

- Rehearsals on Dec. 20th are only a 10-15 minute increment for your dancer to simply practice their routine onstage with no mirror 1-2 times. We ask parents to please stick around during their dancer’s rehearsal timeframe and take a seat in the audience after entering through backstage entrance (*shown on map below*). Once their listed rehearsal timeframe is over on Dec. 20th morning/afternoon, they will be free to go home with their parents/guardian. Your dancer’s rehearsal times are listed below on a scheduled class sheet. Please make sure to look closely. Please be on time and allow yourself time to park and be inside the theater BEFORE the call time. Dancers can wear normal class dance clothing – NO costume, makeup or hair is needed for the dress rehearsals.

Showtime Arrival Expectations and Costume Details:

- We ask all recreational dancers to arrive back at the theater on show day **BY 4:30 pm prior to showtime at 5:30pm** - **LAB CREW/ELITE comp teams arrive at 4:00PM** (Keep in mind that the lobby doors for attendees will not open until 5:00 pm, so you may have to wait in car or have slight downtime after dancer drop off – merch will be sold prior to show and during intermission only) *Dancer drop off is shown on map below.*

Hair/Makeup/Costumes/Shoes:

- Your dancer’s hair/makeup/costume is listed below. Please find your dancer’s weekly class in the show line up and have them arrive to show in their 1ST dance’s hair, makeup, and dressed in the costume. Please have them fully ready at their show time drop off listed above.

Finale Bow & Dancers Staying Backstage:

- All dancers are to stay backstage the entire show, **no** parents are to enter backstage during intermission OR dancers go into the audience during intermission. This ensures safety of your dancers, as well as we will be hosting a final bow at the end of the show where all classes bow onstage. We have a full staff that is in charge of the kids backstage and it works seamlessly for all involved and allows you as the parent to watch in the crowd like you deserve!

Tickets: Tickets are required for ALL attendees, parents, siblings, etc to under the auditorium entrance for showcase (besides under age 4 and under are free). Tickets will be sold at the door if available after our pre-sale rate sold at the studio.

The Movement Lab Dance Studio Winter Showcase REHEARSAL Schedule

****Saturday, Dec. 20th – Please arrive 5-10 mins early to your dancer's listed class rehearsal call time to ensure parking and finding the theater backstage entrance. No makeup, hair or costume for rehearsals needed! Dance clothing can be worn for rehearsal period.***

The far right column is your dancer's rehearsal time(s) at the theater based on their class.

Class Date & Time:	Class Name:	Showcase Piece Name:	Dancer Practice Time At Theater
Monday (4:45-5:30)	Intermediate Hip-Hop	HOUSE	9:30-9:45am
Monday (6:15-7:15)	Intermediate Jazz	Vogue	9:45-10:00
Monday (5:30-6:15)	Intermediate Contemp.	Sign of the Times	10:00-10:15
Monday (4:00-4:45)	Intermediate Tap	Valerie	10:15-10:30
Tuesday (8:00-8:45)	Advanced Hip-Hop	FREAK	10:30-10:45
Tuesday (7:00-8:00)	Advanced Jazz	Shake It	10:45-11:00
Saturday (9:00-10:00)	Mini Movers Ballet/Tap	Peace On Earth	11:00-11:10
Friday (3:30-4:15)	Mini Movers Hip-Hop	Charlie Brown	11:10-11:20
Tuesday (4:00-4:45)	Beg/Inter. Hip-Hop	Everybody	11:20-11:30
Tuesday (4:45-5:30)	Beg/Inter. Contemporary	Turn to Stone	11:30-11:40
Thursday (4:15-5:00)	Beginner Jazz	Wonderful Christmas	11:40-11:50
Thursday (3:30-4:15)	Intro to Ballet	Once Upon A December	11:50-12:00
Friday (4:15-5:00)	Beginner Ballet	A Winter's Night	12:00-12:10
Wednesday (3:30-4:30)	Beginner Jazz/Tap	Mambo	12:10-12:20
Wednesday (4:30-5:15)	Beginner Hip-Hop	Dinosaur	12:20-12:30
Wednesday (5:15-6:00)	Beginner Contemporary	Stars	12:30-12:45

The Movement Lab Dance Studio Winter Showcase 5:30 Lineup:

Showcase: Saturday, Dec. 20th @ 5:30 pm – Please have your dancer fully ready to go in their first costume, hair and makeup based on the show lineup order below.

Act 1:

1. FREAK - Tue. Adv. Hip-Hop (8:00-8:45)
2. Wonderful Christmas - Thurs. Beginner Jazz (4:15-5:00)
3. Peace On Earth - Sat. Mini Movers Ballet (9:00-10:00)
4. A Winter's Night - Fri. Beginner Ballet (4:15-5:00)
5. Once Upon A December - Thurs. Intro to Ballet (3:30-4:15)
6. Mambo - Wed. Beg Jazz/Tap (3:30-4:30)
7. Turn To Stone - Tue. Beg/Inter Contemp (4:45-5:30)
8. Vogue - Mon. Inter Jazz (6:15-7:15)

Intermission - 20 minutes (**Studio Merchandise on sale outside theater doors during intermission and prior to show only!**)

Act 2:

9. Everybody - Tue. Beg/Inter Hip Hop (4:00-4:45)
10. Sign - Mon. Inter Contemp. (5:30-6:15)
11. Charlie Brown - Fri. Mini Movers Hip Hop (3:30-4:15)
12. Stars - Wed. Beg Contemporary (5:15-6:00)
13. Shake It - Tue. Adv. Jazz (7:00-8:00)
14. Valerie - Mon. Beg/Int. Tap (4:00-4:45)
15. Dinosaur - Wed. Beg. Hip Hop (4:30-5:15)
16. HOUSE - Mon. Inter Hip Hop (4:45-5:30)

FINALE – All dancers will be staying backstage the entire show to be waiting for their final bow.

Costume Notes: No additional straps can be shown- must be tan/clear straps, no socks in tap shoes, no additional jewelry (only baby diamond stud earrings allowed for age 3-12 & gold hoops for dancers 13+), no accessories besides costume add-ons listed. "Middle" ponytail means still leaving a clear hair part line, but slicking it back right below the crown of the head for pony placement to tie it off. All ballet buns must have a hair net to secure it. Refer to youtube videos for properly slicking back dance hair styles!

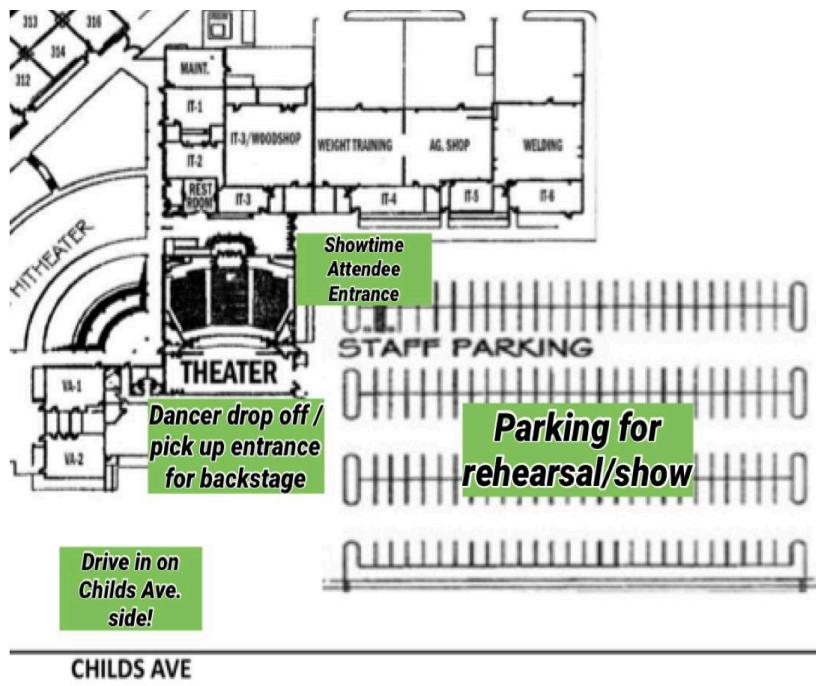
COSTUME / HAIR / MAKEUP / SHOES LIST FOR SHOWCASE:

Class Date/Name	Hairstyle	Costume	Shoes	Lip Color for girls:	Boys:
Monday Intermediate Hip Hop 4:45pm Class	Middle Ponytail	White cutout long sleeve with black pants (white stripes down the side)	White &/or black sneakers, wear low cut socks under	Red	N/A
Monday Beginning/Intermediate Tap 4:00pm Class	Middle Ponytail	Pink tank and pink pants set	Tap shoes (no socks under)	Red	N/A
Monday Inter. Contemp 5:15pm class	Middle Ponytail	Mesh teal dress with attached briefs	No shoes	Red	N/A
Monday Inter. Jazz 6:00pm class	Middle Ponytail	Blue metallic vest - pair with black flare leggings from home and wear black sports bra under!	No shoes	Red	N/A
Tuesday Beg/Inter. Hip Hop 4:00pm class	Middle Ponytail, with pink scrunchie that came w/ costume	Pink and white hooded jumpsuit, <u>wear</u> the pink/white socks the costume came with!	White &/or black sneakers, wear low cut socks under	Red	N/A
Tuesday Beginning Contemp 4:45pm class	Middle Ponytail	Rose pink sparkly dress with attached briefs	No shoes	Red	N/A
Tuesday Adv. Jazz 7:00pm class	Middle ponytail	Neon green crop top - pair with HIGH	No shoes	Red	N/A

		waisted black flared leggings from home!			
Tuesday Adv. HipHop 8:00pm class	Middle Ponytail	Black cargo pants, black mesh long sleeve - pair with black sports bra of choice under	Black sneakers! (All dancers know which shoes)	Red	Black top and black cargo pants
Wednesday Beginning Jazz/Tap 3:30pm class	Middle ponytail, with white scrunchie that came w/ costume	Holographic short-sleeve sequin dress with attached briefs	No shoes	Red	Teal sequin top with white pant/jeggings
Wednesday Beginning Hip-Hop 4:30pm class	Middle Ponytail, with green scrunchie that came w/ costume	Green and white sequin hip-hop jumper	White &/or black sneakers, wear low cut socks under	Red	Green muscle hoodie tank with black jogger pants!
Wednesday Beginning Contemp 5:15 pm class	Middle ponytail	Orange and pink lyrical dress with attached briefs	No shoes	Red	Velvet pink tank with white pant
Thursday Beginning Ballet 3:15pm class	Middle Bun	Purple leotard with attached tutu, pink tights, & hairpiece	Pink ballet shoes	Red	White prince shirt, black tights, & black ballet shoes
Thursday Beginning Jazz 4:15pm class	Middle Ponytail	Red jazz jumpsuit	No shoes	Red	Red top with red striped black pant
Thursday Intro to Ballet 3:30pm class	Middle Bun	Gold accented leotard tutu dress	Pink ballet shoes	Red	N/A
Friday Mini Movers Hip	Slick back high pony	Charlie brown yellow tee	White sneakers girls	Light Pink/Gloss	Charlie brown yellow tee

Hop 3:30 pm class	with yellow scrunchie	with hiphop track pant	Black sneakers boys		with hiphop track pant, with bandana
Friday Beg. Ballet 4:15pm class	Middle Bun	Light blue tutu dress	Pink ballet shoes	Red	N/A
Saturday Mini Movers Ballet/Tap 9:00 am class	Slick back high bun	White ballerina dress outfit	Pink ballet shoes	Light pink/gloss	White prince shirt, black tights, & black ballet shoes

PARKING / DROP OFF PICK UP MAP AT GV High THEATER:



Lastly, we want to thank you for your dedication to us this Fall/Winter, and want to remind you that our next Spring Session of dance will begin Monday, Jan. 5th. We are on winter break as a studio Dec. 21-Jan. 4th as this showcase concludes the session of dance. We will be hosting 2 registration days on **Mon. December, 29th and Tue. December, 30th from 5:00-7:00pm**. Stop by in person to sign up, or contact us if you cannot make it. All current recreational dancers must re-register as there may be schedule changes or classes you would like to add/change. (This does not apply to comp team dancers, refer to your packet/director for class requirements already known of.) **We will be posting our (January-June) Spring Session weekly class schedule very soon on our website/socials!** If you have any questions, email us themovementlab01@gmail.com or message our director at 209-203-5678

